

A woman in a white t-shirt is standing and pointing at a whiteboard covered in colorful sticky notes. She is addressing a group of people seated around a table in a meeting room. The room has large windows and modern office equipment.

CO-CREATING A GREAT PLACE TO WORK

Taking Psychological Responsibility for Workplace Wellbeing While Nurturing Emotional & Social Intelligence

Through engagement in this course, it is hoped that teachers will:

- Become more aware of the power of collaboration in creative planning, prioritising, delivery & assessing
- Explore avenues for taking psychological responsibility for their own and other staff members' mental health and wellbeing
- Understand Leaders' Role in Staff Resilience & Bidirectional Gains for staff and management
- Interpret 'LAOS 2016', 'School Self Evaluation' and 'Digital Strategy' through the lens of EQ - Self-Awareness, Adaptability, Organisational Awareness, Conflict Management and Teamwork;
- Acquire heightened self-awareness and growth mindset which will encourage innovation and risk-taking in delivery which enriches pupils' learning' experiences.

Take-Aways: Self-Reflection Folder and EQ Workbook



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